



Pedal Prix Committee Meeting

All Parents, Students and Staff that are interested in supporting the 2023 Pedal Prix team are welcome to attend this important meeting.

Date: Thursday 16 March

When: 3:30pm

Where: Temple Christian College
Room WG8 (Design and Technologies Room)

We are looking for new committee members for the 2023 Pedal Prix year. In many respects, the Temple Christian College Pedal Prix team is starting with a fresh outlook in 2023. The vast majority of the team will be new this year so it is an excellent time for a change. Now is a great time to get involved.



Thursday 16 March, 3.30 pm

What is Pedal Prix?

Pedal Prix is the riding of three-wheel recumbent trikes as members of a team, working together under race conditions. This year, the teams compete in a 6-hour race at Victoria Park, an 8-hour race at The Bend Motorsport Park, as well as the major race, a 24-hour event at Sturt Reserve, Murray Bridge in September which caps off our year of racing. This event alone attracts 30,000 people! Riders attend regular training sessions to help build their confidence and knowledge in the trikes, as well as build fitness and team spirit. Riding a recumbent trike is a very different experience from normal trikes and involves becoming competent with changing gears as well as getting used to cycling in a recumbent position.

It is a competitive team sport where members are focused on a common goal. All riders need to be self-motivated in their fitness training, as well as working together as a team in training and at races.

We now have four excellent trikes that riders will use.

RACES for the 2023 Season

- **Round 3, Adelaide**
6 hour – Series
Victoria Park
Sunday, June 18, 2023
- **Round 4, Tailem Bend (“The Bend”)**
8 hour – Series
The Bend Motorsport Park
Sunday, August 5, 2023
- **Round 6, Murray Bridge**
24-hour – Series
Sturt Reserve, Street Circuit
Friday, 15 September – Sunday 17 September 2023

Opportunities for parents

Pedal Prix is a unique sport for Temple Christian College. It is run predominantly by parents and a few key teaching and support staff. It is therefore expected that all parents are involved in the organisation and running of training and events, as well as fundraising opportunities. Parents are expected to support and encourage their children to challenge themselves, transporting them to training sessions, and races and helping them with personal training as required.

The Pedal Prix committee is responsible for organising the team and our trikes for races e.g. Management, Catering, Mechanics and Logistics. A list and description of key roles that your particular skills may suit are listed below. Please consider how you can help.

Key Roles

PEDAL PRIX MANAGER / COORDINATOR

Has ultimate responsibility for student involvement and ensures that administration work is completed. Reports on the activities of Pedal Prix. Chairs monthly meetings of the committee. Responsible for the overall day-to-day operation of Pedal Prix for the school. Ensures that all operational activities are assigned and followed through. This position is held by Mr Craig D. Cope for 2023.

COMMUNICATIONS OFFICER

Takes minutes for all Pedal Prix Committee meetings and organises regular newsletter updates for Pedal Prix families and the school community, to ensure they are up to date with information.

HEAD MECHANIC

Leads the mechanic team to build and maintain school Pedal Prix trikes to ensure they comply with the safety rules of AIPP. Ensure all trikes are ready and pass scrutineering. Reports on mechanic activities and issues to the Pedal Prix Committee.

TEAM MANAGERS (4 REQUIRED)

Responsible for the training and education of the students in the riding of the trikes and race rules & etiquette. Create training plans and team selection for races and report on their activities to the Pedal Prix Committee.

CATERING MANAGER

Leads the catering team to plan and organise healthy, nutritious meals and snacks for all races. Reports on activities of the catering team to the Pedal Prix Committee.

FUNDRAISING MANAGER

Plans all fundraising events on behalf of the team and organises rosters for assistance from all parents (& riders where appropriate). Reports on activities to the Pedal Prix Committee.

LOGISTICS MANAGER

Leads the logistics team to prepare the equipment and the site for each of the races is organised and functional. Ensures safety aspects are considered and covered, to reduce the risk of injury or damage e.g. organise electrical testing and tagging. Reports on activities to Pedal Prix Committee and liaises with all other managers to ensure the needs of each team are covered.

MARKETING/SPONSORSHIP

Maintains relationships with current sponsors to ensure they are happy with their sponsorship returns. Looks for opportunities to bring new sponsors on board, either cash sponsors or goods in kind. Looks for opportunities to market school Pedal Prix and our sponsors by way of organised events such as Open Days, Fundraising activities etc. Reports to Pedal Prix Committee.

EQUIPMENT/LOGISTICS MANAGER (2-3 REQUIRED)

Maintains the various Pedal Prix equipment (tools, wheels, spares, tables, chairs, mats, marquees). Keep all equipment in good order and stored well. Make requests for new/replacement equipment as required. Assist Manager in preparing a list of requirements for each race, transporting equipment to each race and helping to coordinate the team in setting up the team site for each race Reports to the Pedal Prix Committee.

TIMING / DATA / COMMUNICATIONS MANAGER

We use computer-based Live GPS timing in our trikes to maintain records of lap times for riders at training and races so that Team Managers know how riders are going on the track, riders know their lap times and can use this information to challenge themselves or encourage each other and flag possible incidents if a rider is running late to their average lap times. Live data from the trike is fed back to the pit in real-time to keep track of the trike's location on the track. Trikes are also fitted with iPhones to communicate via a special app with the rider. This person is responsible for the set-up and pack-up of this equipment, along with the management of the systems throughout the race.

The following roles could be students and/or parents, with a staff mentor.

MECHANICS (3-4 REQUIRED)

Assist the Manager to build and maintain trikes for training and races. Be present at training and races to provide support and conduct repairs to trikes as required. Present trikes to scrutineering sessions before each race and complete any alterations directed by AIPP to ensure the trike is race worthy. Meet regularly as directed by Manager.

CATERING (2-3 REQUIRED)

Assist the Manager to prepare the menu for meals and snacks available to our team at races. Assist in shopping and preparing food items. Meet as required by the Catering Manager. Assistance from other parents will be required on race days.

TRAINED MARSHALS (4 REQUIRED – MUST BE OVER 18)

Our team is required to provide trained track marshals to man marshal positions around the track for a period or periods rostered to the team for each race. Training includes becoming familiar with race rules and completing a test (Training/certification is completed via a short online course). We try to use different Marshalls for each race to spread the load.

PIT CREW (POSSIBLY 10-12 REQUIRED)

Pit Crews are responsible for assisting riders in the changeover of riders. They assist riders into and out of vehicles and ensure that safety checks are carried out e.g. seat belts are correctly fitted, and done up, helmet and safety glasses are on and assist with getting cleated shoes in and out of pedals. This year, the Pit Team will be fully trained and will be buddied together with a pit person or people with whom they can work effectively. The new pit crew will be trained by an experienced pit crew at training.

How to get involved?

There are a large number of roles that need to be done.

If these are filled by many staff and parents it makes it easier for everyone by sharing the load. You may also have some specific skills and/or interests that you can bring to the team. Pedal Prix is a great event that is very rewarding for all involved.

Please consider the extensive list of roles (with descriptions) and see if you can help in one or more of these. There are roles for ALL types of skills, from technical to catering to training.

Look out for the Information meeting to learn more.

Please contact Mr Craig D. Cope if you would like some further information via email (craig.cope@tcc.sa.edu.au).

