Dear Bethany Campus Community,

Camps
It was great to be able to visit the Year 12s on their camp at the Woodhouse Scout Campsite. It is a great venue and the programme provided plenty of challenges and opportunities to develop as an individual and to work as a team, which is vital in their final year of school. We are blessed with a wonderful group of Year 12s who are very social and caring. Although the weather was very warm here in Adelaide, it was significantly cooler in the Adelaide Hills, which I appreciate living on that side of town. The Year 10 camp was also a great success at the Ankara Campsite at Walkers Flat on the Murray River with lots of activities run by Active Education and the staff. Thank you to all the staff and Year Level Coordinators for organizing two exceptional and successful camps. There are articles and photos in this Newsletter.

Meet the Care Group Teachers BBQ & Laptop Distribution Night
We recently held our Meet the Care Group Teachers BBQ Night. It was great to be able to connect with parents, especially the families who are new to Temple. I really appreciate the feedback as to how the students have found their start at Temple. I was greatly encouraged as parents shared how their children are so excited about coming to school and the friends they have made. A highlight for the Year 7 students was receiving their new laptops on the night.

Parents & Friends
Parents and Friends is a valuable way to be involved in the life of the school. As parents and caregivers, it is a great way to become more connected with what happens at school, and I would really encourage more parents/caregivers to join in. We meet twice a term on a Tuesday night and it is a great way to meet other parents. The P&F work on building a stronger sense of community and connection across our parent body and they are involved in raising funds that will improve facilities for student use. Projects that have been funded by P&F have included the Breakfast Club, refrigerated Water Coolers and Outdoor Furniture.

Interhouse Athletics Day - Wednesday March 4
As the carnival is held at Santos Stadium, could all students please arrive at school by 7.50am to line up for Care Group at 7.55am.

Merit Ceremony
Congratulations to 2014 Year 12 student Simran Chand for her exceptional effort in receiving a Merit for Biology. Unfortunately, Simran was overseas at the time, and was not able to attend the Merit Ceremony at Government House.
Prayer Meetings

Prayer is a vital part of the School and we need more parents to join the Parents/Caregivers Prayer Group. We meet fortnightly on a Wednesday afternoon in my office from 2pm to 3pm. (Please note the change of days and times). You can also join the “Email Prayer Chain” and receive prayer requests via email. Please contact Linda Hunter if you wish to be part of this ministry.

Alex Cibi Memorials

I have written an article in this Newsletter with photos on Alex Cibi day and the memorials that were unveiled last week on the first Anniversary of his passing.

Parenting Insights

Our article this week is on “10 Golden Rules for Parenting Success in 2015.”

Back to School 101

I read this article in “The Messenger” recently and thought it had excellent ideas to establish good patterns early in the year with your children and the school.

Blogger Masabella writes: Keeping school bags neat. I’m tackling this one first because tripping over school bag straps is right up there with stepping on LEGO. Not many homes have the space to set aside a dedicated area for school bags, but we can all make use of the space we have. Here’s how we deal with school bags at by place:

• Bag comes home and is immediately emptied by the kids - lunch boxes on the kitchen bench, rubbish in the bin, notes onto the note clip on the fridge.
• Once a week the bag is given a quick wipe-out by me with methylated spirits and hung open on the back line to air and dry.
• The rest of the week the kids put the bags away into the big drawer in our living room that exists just for keeping school bags out of my way.

Keeping on top of school notes and paperwork. Here are some top tips for dealing with the paperwork:

• Create a school paperwork zone that sits somewhere accessible and is your one stop shop for receiving and sending notes to and from school.
• Make sure the kids know they are responsible for taking notes to and from school.
• Keep the family calendar handy to write important dates in straight away.
• Set up your email system so that school emails go straight into a dedicated folder - this frees up your inbox, keeps school stuff together and allows you to set up an alert to remind you to read the folder regularly.
• Deal with paperwork once only. Action, delegate or bin messages immediately.

For more visit kidsdot.com.au

May your families and us as a school community have an exciting journey this year making many wonderful memories and enjoying your children’s successes.

God Bless

RJ Klimionok

PARENTING IDEAS

Please find enclosed a regular article enclosed with your Newsletter every fortnight called ‘Parenting Ideas’ Michael is the author of 8 parenting books, including his new release Thriving! and the best-selling Why First Borns Rule the World and Last Borns Want to Change it. His popular parenting columns appear in newspapers and magazines across Australia. He appears regularly on television including Channel 10’s The Circle, and is a popular & entertaining speaker as well as a frequent columnist for a variety of written media. He also has a regular fortnightly half hour parenting segment on ABC radio Victoria. We trust you will find them encouraging and informative.

Congratulations to Year 7 student Meg Rafinian who after a near perfect score in her audition, has been selected to ... each have a chance at winning a scholarship to dance schools or professional performance opportunities. Well done Meg!
PARENTS AND FRIENDS
As parents, a vibrant school community is important to us. Being involved in the Parents and Friends group not only gives us the opportunity to be actively engaged in supporting events and initiatives, but provides a wonderful avenue through which to get to know and work along side other parents. Together we make a difference in the life of the school.

If you would like to join us an invitation is extended to all interested parents and friends to join us at any of the Parents and Friends meetings held throughout the year.

Bethany Campus,
7.00pm Tuesday March 10 in the Staff Room
For more Information, contact the School Office

Breakfast Club is BACK for 2015
8am in N16
The Breakfast Club Program is funded by our Parents and Friends Association.

PLEASE REMEMBER THAT ONE FULL TERMS WRITTEN NOTICE TO THE PRINCIPAL IS REQUIRED WHEN A STUDENT INTENDS TO LEAVE THE SCHOOL. FAILURE TO GIVE NOTICE MAY INCUR ONE TERM'S FEES IN LIEU OF NOTICE.

PARENT PRAYER GROUP
Parents and friends are invited to join the Parents Prayer Group, as they meet fortnightly at 2.00pm to pray into the life of the school. We look forward to seeing you.

Parents Prayer Meeting dates for Term 1, 2015
Wednesday, February 25, March 11 & 25, April 8
Rod’s Office

HOMEWORK CLUB
Now two afternoons per week
TUESDAYS & THURSDAYS
3 - 4PM IN THE SUPPORT ED ROOM
Commencing February 10

PRAYER CHAIN
If you are unable to attend the bi-weekly prayer meetings, but would like to be able to pray for the specific needs of the school, please give your email address to the School Office. One of the prayer team will keep you informed of our prayer needs.

SPORTS WEBSITE
If you would like information on all of our sporting opportunities at Temple, please log in to www.templecc.sa.edu.au. Click on the Bethany Campus link and go to the tab labelled Sport. You will find dates, consent forms, and previous year’s results.

If you have any problems, please do not hesitate to contact me on 8256 9600 or email me at joshua.lloyd@templecc.sa.edu.au

On Friday, we celebrated Alex Cibi Day and the Year 12s planted a purple Jacaranda tree as a living memorial, unveiling a plaque at the base of the tree, as some of the Year 12s shared some beautiful prayers. At lunchtime, as a fundraiser for the Cancer Council, the Year 12s cooked a BBQ for the whole student body, selling slushies and drinks. The BBQ, along with many donations, raised just over $1500. The community spirit was fantastic, with students and staff providing music as a backdrop to the BBQ, and a real camaraderie was felt throughout the school.

Alex Cibi Day
Last week was the One Year Anniversary of Alex Cibi’s death. He was of the cohort of the current Year 12 students and his mother, Carmen Cibi, is a teacher at the Bethany Campus. We wanted to do a number of things to remember his life and legacy to the school, so last year, we renamed the Jamie Heywood Encouragers Award (who was a Mile End Campus student) to the Bethany Campus Alex Cibi Award.

At last Monday’s Chapel, we unveiled a plaque in his honour, which will be displayed in the Library, where he spent a lot of his time reading books. His mother Carmen Cibi spoke to all of the students, sharing about his life and some of his accomplishments, challenging the students to strengthen their relationship with God, to be able to handle tragedies when they come, as Christians are not immune from these troubles. For about 40 minutes after Chapel ended, over 40 students, mainly Year 12s, stayed behind to remember Alex’s life and grieve.

On Friday, we celebrated Alex Cibi Day and the Year 12s planted a purple Jacaranda tree as a living memorial, unveiling a plaque at the base of the tree, as some of the Year 12s shared some beautiful prayers. At lunchtime, as a fundraiser for the Cancer Council, the Year 12s cooked a BBQ for the whole student body, selling slushies and drinks. The BBQ, along with many donations, raised just over $1500. The community spirit was fantastic, with students and staff providing music as a backdrop to the BBQ, and a real camaraderie was felt throughout the school.
In Week 2, the Year 10s headed off for their camp at Ankara Campsite, Walker Flat. The campsite is situated on the banks of the beautiful Murray River and we were blessed to have awesome weather the entire camp. Students and staff enjoyed a fantastic four days of fun and activities run by Active Education and some special night activities run by our staff. Daily activities included kayaking, raft building, swimming, fishing, tribal challenges and even bouncy castle related games. Mr Bradtke proved himself the strongest gladiator on the bouncy castle battlefield, despite the students’ best efforts.

Night activities included ‘The Price is Right’ game show, ‘Temple’s Got Talent’ and the Year 10 Dinner and Dance on the final night, which was a real highlight. The staff served the students dinner on the final night and we discovered how stressful hospitality work can be when catering for an entire year level! The kitchen staff on camp do a fantastic job. Congratulations to Linda Sonthavong for taking out the top prize at the Talent show with the performance of an original song and also congratulations to Adrian Wegrowski and Judy Imborith for taking out the Best Dressed Award at the Dinner.

The final day of camp concluded with the running of the famous ‘Temple Enduro’, a 10km circuit run around the Walker Flat area. Eli Bonudi took out first place for the boys and My Tran was first for the girls. Throughout camp students displayed a fantastic attitude and showed a real sense of teamwork when involved in activities and meal duties. Congratulations to Group 8 who won the Overall Group Prize for their hard work and team effort over the entire four days; William Fairburn, Alex Khammountry, Ryan Mountford, Cecilia De Leon, Brittany May and Joyce Kurtzer.

Thank you to all students and staff that contributed in making it such a fantastic camp!
... 10 golden rules for parenting success in 2015 ...

5. Lead the gang
Parenting is now an individual endeavour. There is a place for parenting the individual child, but there is also a place for parenting the whole gang (even if you and your child make up the gang). Your ability to pull your family together and get them singing off the same song sheet will impact on your family’s harmonious relationships, your children’s sense of other (empathy) and their general resilience and coping mechanisms. There is nothing so magical to witness as a family pulling together when the chips are down. This doesn’t just happen. It takes real leadership by parents to make a family act like a family!

6. Build developmental knowledge
Many challenges parents experience with their children are due to a developmental mismatch. That is, parents raising their ten year old as if they were eight. The nuances of parenting are age-related, yet due to inexperience we often don’t read the cues. Recently, I witnessed a mum and dad tearing their hair out trying to communicate with their nine year old son. For the first time he was saying no to them. They thought him stubborn and disobedient. I thought him normal, as nine can be a problematic age, where usually manageable children suddenly start changing. Puberty is stirring. When this couple’s second child turns nine she will experience the benefits of her elder brother paving the way and breaking her parents in for her.

7. Practice problem-ownership
Please, please, please allow children to own their own problems. Children of all ages can be creative when they have problems to solve. Everything is a potential problem to kids and they need opportunities to resolve them themselves. By all means, coach, guide, give hints but give them a chance to sort out relationship issues, challenges with teachers and academic challenges themselves.

8. Swim against the tide
Listen to talkback radio, read the headlines of a newspaper or watch a current affairs TV program and you’ll realise that, right now, we live in an often incredibly judgmental society. Parents are harshly judged as well. Allow your kids to walk to school and you risk being judged as negligent. Drive your kids to school and you risk being told that you are spoiling them and neglecting their physical wellbeing. It takes a strong parent to swim against the tide of popular opinion. It also takes a strong parent to deny her child a mobile phone when every other child has one. It helps to say “This is the way we do it in our family.”

9. Be brave
Perhaps the biggest challenge facing parents, and their children, is the ability to let go of their parental reigns and give kids the freedom they need to develop autonomy. It’s relatively easy to develop children’s independence at home as the stakes aren’t as high. If they can’t cook a meal then you just have to do it for them. However, developing children’s independence outside the home is a different story. Many parents feel decidedly wary about granting children and young people more freedom. There is the perception that the world is a dangerous place. Giving kids freedom has an element of risk; that’s why parents need to be brave. Having the courage to let go is a basic requirement of parenting. It won’t stop you worrying, but that’s part of the game.

10. Add emotional intelligence to your parenting mix
With kids experiencing mental health challenges at a depressingly high rate it’s time to add some emotional intelligence to the parenting mix. While many schools are now introducing emotional and social programs on the curriculum, it’s important that parents develop a deep understanding of how emotions work; how emotions can be recognised; how they can work for us and against us; how we can regulate our emotions so they don’t overwhelm us; and how to recognise and respond to the emotions of others. These sound like life-changing skills that if learned, are capable of impacting significantly and positively on future generations.

Michael Grose


parentingideas.com.au

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The Year 12s had an exciting start to the year with their camp to Woodhouse Activity Centre. They participated in Team Building Games, the High Ropes Course, Worship, Laser Skirmish and all scrubbed up beautifully for the 1950s themed Quiz Night. We are excited about what this year will hold; for each student individually and as a group. We are thankful for the gift of each student and wish them all the best in their academic, spiritual and sporting pursuits, this year.

The journey of Year 12 is not always easy, but as teachers, parents and students we can hold fast to the promises of scripture.

John 16:33: “I have told you these things, so that in me you may have peace. In this world you will have trouble. But take heart! I have overcome the world.”

Romans 8:38-39: “For I am convinced that neither death nor life, neither angels nor demons, neither the present nor the future, nor any powers, neither height nor depth, nor anything else in all creation, will be able to separate us from the love of God that is in Christ Jesus our Lord.

We have an assurance through our faith in Christ, that regardless of our outward circumstance, nothing in all creation can separate us from God’s love.

Mr Wiering and Mrs Wolf

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**Parenting insights**

**Building parent-school partnerships**

**Words Michael Grose**

**10 golden rules for parenting success in 2015**

As the requirements for effective parenting shift and there seems even less time to juggle family life, here are 10 golden rules to guide you on your parenting journey.

1. **Talk more**
   - With families shrinking, kids getting busier and tech devices rapidly multiplying the opportunities for family members to engage in face-to-face talk is under serious attack. Regardless of their age, the best way to influence your children is talk to them. The kitchen table is one place to do this, but there are plenty of other places where you can talk. Talk becomes difficult, try driving with a child or young person in the car with the radio off. They are bound to break sooner or later.

2. **Lean on others**
   - A recent Australian survey found that 59% of parents are seriously struggling with their parenting, yet only 10% of this group would ask for help. I suspect there are many reasons for this including fear of being judged a poor parent; that parenting is expected to be hard; and lack of trustworthy support networks. Author Steve Biddulph once said that parents don’t parent well in isolation. He’s right. It’s incredibly important to build your support networks and get ‘spare parts’ into your child’s life. Start by working closely with your child’s teacher, a natural ally.

3. **Build confidence**
   - With so many parents reporting that they have a child experiencing anxiety it would seem that we are currently experiencing a crisis in children’s confidence. It would also seem that we have somehow forgotten how to absorb children’s fears, insecurities and anxieties, and instill a sense of confidence that these can be overcome. Using a mixture of coaxing, coaching and cajoling parents need to find a way to impart in children a sense of courage to put themselves in new or potentially awkward social situations, to have a go at an activity when failure is a real option; and to contribute to the wellbeing of others, which reduces anxiety and fear.

4. **Aim for redundancy**
   - The great irony of modern parenting is that as families have shrunk parents actually do more, rather than less, for their kids. There are many reasons for this; including lack of time to teach; it’s simply easier to do a job ourselves, and the new expectation that ‘good’ parents do everything for their kids. The new ‘strict parent’ is someone who expects their kids to wash their own clothes, cook a meal, and read a book to a younger sibling. The Imperfect Parent: Here’s a 6-word slogan to help you remember: “When kids can, let them do it!”

more on page 2
Temple Christian College is offering Year 10 and 11 students the following mission opportunities in 2015. Mission Trips offer students an amazing opportunity to experience another culture and also to be able to do something positive in the lives of others.

PNG Mission Trip
Saturday June 27 - July 6, 2015
Cost: $2,300 (approx.) with a $300 compulsory fundraising donation.
An 8 day trip where students will participate with Bethel Sunrise Christian School for 3-4 days.
An overnight stay in a village with an opportunity to go reef fishing.
A visit to Lion Island off Loloata Island, Port Moresby for snorkelling.
Sightseeing.

Cambodia Mission Trip
Sept/Oct 2014
Cost: $3,100 (approx.) with a $500 compulsory fundraising donation.
A 16 day trip where students will visit several schools, churches and orphanages.
A 3-4 day experience of living and working in an orphanage.
Sightseeing.

For Trip Details, Registration of Interest or to receive a Fundraising Form to sell chocolate, please contact Mrs Bernadette Scarman in the Student Services Office.

Now only $10.00

Bethany Campus 2015 School Calendar
Copies of the Parents & Friends 2015 Calendar are available to be purchased from the Front Office.
It is packed full of photos of the students, has many of the schools special events for this year already marked in their dates, and has enough space in the calendar section to write in.
All funds raised support Parents and Friends activities, such as the Breakfast Club.
World of Math

We have started our first term this year with a day of World of Math interactive games and puzzles. It was an exciting day, with Years 7 and 8 participating in many hands-on activities.

Teachers supervising these sessions said it was a good day, seeing so many students involved and actively participating.

Justice of the Peace

Shaun Kelly is a father of one of our new Year 7 students. He is a Justice of the Peace, and is happy to come to the school to sign anything that needs a JP’s signature. If you need him, please contact the School Office, who will pass on the message.

Newsletter

This year in an effort to ensure that all parents read the newsletter, we will be both emailing, as well as posting newsletters to your home address.

A number of parents have already requested that the newsletter be emailed to them. We would like to know what you prefer.

If you would like to have your newsletter emailed, please contact me at:

linda.hunter@templecc.sa.edu.au

In Week 3 our students were visited by three players from the Adelaide United Football team who inspired them in their education, sport and life choices. The players, two of whom come from the local area, encouraged the students to aim for their best in all areas of their life. The questions from the students were interesting and varied, ranging from tips on kicking the perfect goal, who their favourite player is and what car they drive. We thank the players for visiting us on what is a very busy training schedule, the players train three hours a day.

Our school is taking part in the Premier’s Reading Challenge again this year. This Challenge consists of reading twelve books in three terms, and is designed to encourage literacy among all school students. Already we have had several students complete the Challenge, some taking the extra Challenge of recording their reading for the entire period of time, aiming to read 50 books.

As a school we are proud of the enthusiasm our students show for reading, an activity which, when done regularly, increases academic success, writing and analytical skills. We thank all parents and caregivers who support their student in this.